1. Protective eyewear comprising:

first and second eyepieces formed of uniform material, wherein said first and second eyepieces each comprise an eye cup and a lens integrally formed with said eye cup to comprise a unitary eye cup/lens combination; and

a nose bridge removably coupled to each of said first and second eyepieces via an attachment means, said nose bridge comprising first and second supports and an elevated rise that reduces blockage of ultraviolet light from the nose and brow area of a wearer when attached.

2. The protective eyewear of claim 1, wherein said attachment means is a dynamic attachment means that facilitates limited independent, pre-determined adjusting and vector movement of said eyepieces to provide a customized fit for a more comfortable and ergonomically correct fit.

3. The protective eyewear of claim 1, wherein said eye cups are impervious to ultraviolet light.

4. The protective eyewear of claim 1, wherein said eye cups are substantially impervious to ultraviolet light.

5. The protective eyewear of claim 1, wherein said eye cups are translucent to allow an identified amount of visible light to pass there through.

6. The protective eyewear of claim 1, wherein said eye cups comprise one or more colors.

7. The protective eyewear of claim 1, wherein said lenses comprise varying shades of tint.

8. The protective eyewear of claim 1, wherein said nose bridge is made of translucent material that allows ultraviolet light to penetrate there through, thus further reducing blockage of ultraviolet light from the nose and brow area of said wearer.

9. The protective eyewear of claim 1, wherein said nose bridge is attached to a top surface of said eyepieces to improve attachment and reduce blockage of ultraviolet light.

10. Protective eyewear comprising:

a first eyepiece having an eyecup and an integrally formed lens to comprise a unitary eye cup/lens combination;

a second eyepiece having an eyecup and an integrally formed lens;

a removable nose bridge having first and second supports that extend from a top surface of each of said first and second eyepieces and attach to said top surface via attachment means, respectively, and an elevated rise connecting said first and second supports a distance above the nose and brow area of a user to reduce blockage of ultraviolet light.

11. The protective eyewear of claim 10, wherein said attachment means is a dynamic attachment means that facilitates independent limited vector movement of said first and second eyepieces, thus allowing said protective eyewear to ergonomically adjust to said wearer and also different wearers, as well as providing a more comfortable, customized fit.

12. The protective eyewear of claim 10, wherein said first and second eyepieces are comprised of transparent material capable of blocking ultraviolet light.

13. The protective eyewear of claim 10, wherein said first and second eyepieces are comprised of semi-transparent material capable of blocking ultraviolet light.

14. The protective eyewear of claim 10, wherein said first and second eyepieces are comprised of opaque material that blocks ultraviolet light.

15. The protective eyewear of claim 10, wherein said nose bridge is comprised of translucent material capable of allowing ultraviolet light to pass there through.

16. The protective eyewear of claim 10, wherein said nose bridge is comprised of semi-translucent material capable of allowing ultraviolet light to pass there through.

17. The protective eyewear of claim 10, wherein said nose bridge is comprised of opaque material that is capable of blocking ultraviolet light.

18. Protective eyewear comprising:

a first eyepiece having an eyecup and an integrally formed lens;

a second eyepiece having an eyecup and an integrally formed lens, said first and second eyepieces, and particularly said eye cups and said lenses, formed of uniform material;

a nose bridge removably fittable with said eyepieces and having first and second supports, and an elevated rise connecting said first and second supports a distance above the nose and brow area of a user to reduce blockage of ultraviolet light;

attachment means for connecting said nose bridge to a top surface of said first and second eyepieces.

19. The protective eyewear of claim 18, wherein said attachment means is a dynamic attachment means that facilitates customized, limited, and independent vector positioning and movement of said first and second eyepieces about said nose bridge to provide a more ergonomically correct fit to one or more wearers.

20. A method of protecting the eyes of an individual during a tanning session, said method comprising the steps of:

obtaining protective eyewear comprising:

first and second adjusting eyepieces formed of uniform material, wherein said first and second eyepieces each comprise an eye cup and a lens integrally formed with said eye cup;

placing said first adjusting eyepiece on an eye of said individual before a tanning session;

placing said second adjusting eyepiece on the other eye of said individual before a tanning session.

21. The method of claim 20, further comprising the step of adjusting said first and second eyepieces to obtain a more ergonomically correct and comfortable fit.

22. The method of claim 20, further comprising the step of attaching a nose bridge to said first and second eyepieces via an attachment means that facilitates independent vector movement of each of said eyepieces with respect to said nose bridge, said nose bridge comprising supports and an elevated rise connecting said supports, said elevated rise reducing blockage of ultraviolet light from the nose and brow area of said individual.

23. The method of claim 22, further comprising the step of independently adjusting said eyepieces relative to said nose bridge via said adjustment means to obtain a more ergonomically correct and comfortable fit.

24. The method of claim 22, further comprising the step of removing said nose bridge from said eyepieces as desired.

25. A method of manufacturing protective eyewear designed to be worn during a tanning session in either natural or artificial light, said method comprising the steps of:

shaping and forming first and second eyepieces;

defining a lens portion and an eye cup portion on each of said eyepieces, said lens portion blocking ultraviolet light;

integrally forming said lens portion with said eye cup portion to create a uniform eyepiece having a unitary eye cup/lens combination;

attaching a removable nose bridge to said first and second eyepieces via attachment means, wherein attachment means facilitates vector positioning of said eyepieces about said nose bridge to provide a customized and ergonomically correct fit on various wearers, said removable nose bridge comprising first and second supports and an elevated rise.